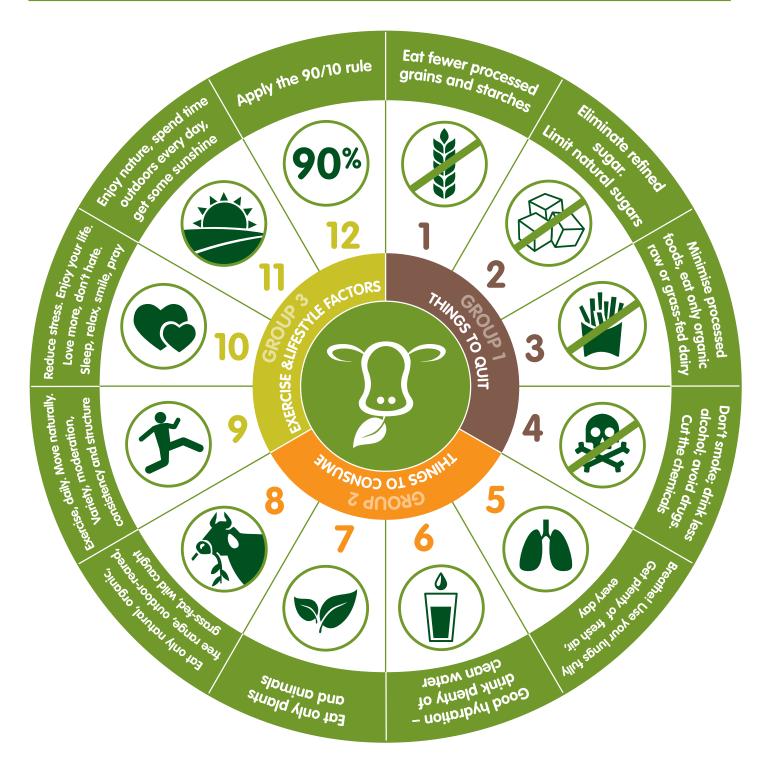
Mother Nature's Diet

The natural way to supreme health and abundant energy





The 12 Core Principles

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